



## MANITOBA HEALTH AND HEALTH LINKS INFORMATION

KIDTHINK is still open for referral and services. But, considering COVID-19, KIDTHINK staff are working remotely, with tools to support our clients and the community. As Manitobans, we believe that we will come together and continue to respond with kindness and compassion for each other.

For more information:

- We are continuing to modify our policies and directives in response to the guidelines announced by the Province of Manitoba in order to ensure that we are taking the necessary steps to ensure for the safety of everyone.
- Manitoba Health has guidelines in place for prevention, care, or self-isolation for those who have traveled to places of high risk or have been exposed. Please follow the recommendations provided by Manitoba Health: [www.gov.mb.ca/health/coronavirus](http://www.gov.mb.ca/health/coronavirus).
- If you are feeling unwell, please contact Health Links 204-788-8200 for further instructions.
- If you have been travelling within the last few weeks, please contact Health Links 204-788-8200 for further instructions.
- Please continue to take everyday preventive actions to stop the spread of germs, according to recommendations from Manitoba Health.
- Please check out our blogs at this link <https://www.kidthink.ca/blog> as additional mental health resources for you and your family.

Take care and Keep safe.

### Contact Us

For consultation, referral or inquiries call or email us at:

431.388.5373 (Winnipeg)

[info@kidthink.ca](mailto:info@kidthink.ca)

Visit our website at [www.kidthink.ca](http://www.kidthink.ca)