



## MANITOBA HEALTH AND HEALTH LINKS INFORMATION

During these challenging times, we encourage all Manitobans to access accurate information about the current pandemic situation and to follow Manitoba Health guidelines. By doing so, we show support to each other and our community as a whole. We are proud to be Manitobans and believe we will come together and continue to respond with kindness and compassion for each other.

### For more information:

- We are continuing to modify our policies and procedures in response to Province of Manitoba guidelines in order to provide our services in the safest way possible. For more information, please view our [response plan](#).
- You can access the most up-to-date information about the Manitoba Health guidelines here: [www.gov.mb.ca/health/coronavirus](http://www.gov.mb.ca/health/coronavirus). We encourage everyone to follow these recommendations.
- If you are feeling unwell or have been traveling within the last two weeks, please contact **Health Links at 204-788-8200** for further instructions.
- For helpful parenting and mental health tips, please visit our [blog](#) as well as our [events page](#) for free or low-cost webinars both live and on demand.

Take care and keep safe.

### Contact Us

For consultation, referral or inquiries call or email us at:

431.388.5373 (Winnipeg)

[info@kidthink.ca](mailto:info@kidthink.ca)

Visit our website at [www.kidthink.ca](http://www.kidthink.ca)